

How Basic Orientation Plus® 2013 revision works with a company's safety program to meet OSHA requirements:

| OSHA Standard | What <i>Basic Orientation Plus</i> ® does for the employer: | What the employer must do for the employee: |
|---|--|--|
| <p>Hazard Communication (HAZCOM) 1910-1200</p> <p>Globally Harmonized System (GHS)</p> | <p>The program follows the OSHA Standard 1910.1200. This training is designed to provide an understanding of the Hazard Communication Standard (HAZCOM) and meets the general awareness regulations for training in this standard.</p> <p>The HMIS label is discussed in detail including the HMIS III and the GHS labeling system. The need for container labeling as well as lead, asbestos and radiation is covered in this program.</p> <p>The program provides an overview of the GHS Standard, including the history and purpose of GHS.</p> <p>The program explains the revised Safety Data Sheets (SDS) and how they work within the framework of the HAZCOM standard. The major differences in the existing HAZCOM and GHS are discussed. Symbols, pictograms and the numerical ratings are discussed as well as “warning” and “danger” definitions under GHS.</p> <p><u>Note:</u> The program includes an additional exercise on MSDS and additional Q & A discussions on NFPA, physical hazards and lead.</p> | <p>(h)(1) Identify and inform of site specific hazards upon initial assignment and when new hazards are introduced</p> <p>(h)(2) Identify and inform of site-specific exposure source including labels and M.S.D.S.</p> <p>(h)(2)(ii) Identify and inform of site specific chemicals in the workplace</p> <p>(h)(2)(iii) Identify and inform of location of M.S.D.S. and labels at the job site</p> <p>(h)(3)(iii) Identify and inform of site-specific procedures for employee protection from exposure, work practice, emergency procedures and P.P.E.</p> |
| <p>Personal Protective Equipment (PPE) 1910-132 through 1910.138</p> <p>1926.20,21,28,65 Test Methods 1910.120</p> | <p>The program follows the OSHA Standard 1910.132 through 138. The program is designed to provide an understanding of Personal Protective Equipment (PPE) and meet the general awareness regulations for training in this standard.</p> <p>The program trains on the following PPE: Eye & Face Protection Head Protection Foot Protection Hand Protection Body Protection including FRC's</p> | <p>(d)(1)(2) Document Hazard Assessment</p> <p>(f)(3)(1) Inform and update training as changes in the work place occur</p> <p>(f)(3)(ii) Inform and update training as changes in the types of P.P.E. occur</p> |

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| | <p><u>Note:</u> The program includes an additional exercise on the proper PPE for various tasks and additional Q & A discussions on controlling or eliminating hazards, hand hazards and glove hazards and use.</p> | |
| <p>Process Safety Management (PSM) 1910.119</p> | <p>The program follows the OSHA Standard 1910.119. The program is designed to provide an understanding of Process Safety Management (PSM) and meet the contractor's general awareness regulations for training in this standard. A discussion of PSM requirements for contractors is included in this program.</p> <p><u>Note:</u> The program includes an additional exercise on PSM and additional Q & A discussions on training employees involved with PSM, physical hazards and PSM general awareness audits</p> | <p>(h)(2)(ii) & (iii) Identify and inform of the site specific hazards and emergency action plan (h)(3)(i) Evaluate individual for skills competency (h)(3)(ii) Identify and inform of site specific hazards and emergency action plan (i)(2)(iv) Identify and inform of site specific hazards and emergency action plan (j)(3) Identify and inform of site specific tasks and hazards (l)(3) Identify and inform of site specific processes and Management of Change (M.O.C.)</p> |
| <p>Hearing Conservation 1910.95</p> | <p>The program follows the OSHA Standard 1910.95 and is designed to provide an understanding of Hearing Conservation and meet the general awareness regulations for training in this standard.</p> <p>Training on the various level of noises encountered in the work environment is provided in this program.</p> <p><u>Note:</u> In addition to the curriculum, the program includes a hands-on demonstration by the instructor on how to properly apply earplugs and additional Q & A discussions on Audiometric testing, types of sound</p> | <p>Complete hazard assessment of work-site and post notices in required areas in any (k)(1) Identify and inform of site-specific exposure and required protection (l)(1) Post copy of standard in work place (k)(3)(ii) Verify fit, care, use of P.P.E. and appropriate selection (k)(3)(iii) Verify, provide and inform of Annual Audiometric testing and results</p> |

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| | <p>levels, hearing loss and noise exposure, standard threshold limit shift.</p> | |
| <p>Electrical for Non-Qualified Persons 1910.331 - 335</p> <p>Lockout Tagout 1910.147</p> | <p>The program follows the OSHA Standard 1910.331 through 1910.335 and is designed to provide an understanding of Electrical Safety for Non-Qualified Persons and meet the general awareness regulations for training in this standard. Voltage, current, resistance and interlocks are explained in detail.</p> <p>This program contains Lockout-Tagout general awareness level training and safe work practices for portable power tools (1910.301, 1910.302 & 1910.147).</p> <p><u>Note:</u> In addition to the curriculum, the program provides an additional exercise to help the students determine types of energy and additional Q & A discussions on energy and types of energy, tagout, proper distances from power lines, GFCI's, and a Competent Person explanation.</p> | <p>(A) Identify specific risks (B)(2) Specific training which is necessary but not specifically addressed by 1910.331-1910.335 (a) The employer shall be responsible for safe condition of tools. 301 (a) The employer shall not issue or permit the use of unsafe tools</p> |

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| <p>Respiratory Protection 1910.134</p> | <p>The program follows the OSHA Standard 1910.134 and is designed to provide an understanding of Respiratory Protection and meet the general awareness regulations for training in this standard.</p> <p>The training clearly shows the different types of respirators, the various color cartridges and their uses for Air Purifying Respirators.</p> <p><u>Note:</u> In addition to the curriculum, the program includes an additional exercise on Air Supplying Respirators and additional Q & A discussions on physiological effects on loss of oxygen and wearing respirators, atmospheric hazards, immediately dangerous to life and health environments (IDLH), and requirements to wear respirators.</p> | <p>(c) Develop and implement a written program (c)(1)(vii) Train employees in respiratory hazards specific to their Job tasking at the specific site. (c)(1)(viii) Train employees in the proper use of respirators specific to their Job tasking at the specific site.</p> |

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| Elevated Work 1926.503 | The program follows the OSHA Standard related to working in elevated areas and is designed to provide an understanding of elevated working surfaces, fall protection, scaffolding and ladder safety and meet the general awareness regulations for training in these standards. Floor holes and openings, requirements for open-sided floors and safe work practices to avoid fall hazards are included in this training. Suspension trauma (orthostatic intolerance) is also discussed in this program. | (a)(2)(vii) Provide a fall protection plan |
| Fall Protection 1926.503 | This training meets the general awareness standard for Scaffold User training when used with the Electrical module and the General Safety module. | (b)(1) – (b)(15) Identify job specific fall hazards (a)(1) Provide fall protection equipment |
| 1926.501 | This training meets the general awareness standard for Scaffold User training when used with the Electrical module and the General Safety module. | (a)(b) and (c) Provide employee training specific to the requirements at the specific job site. |
| Scaffolding 1926.451 1926.452 1926.454 | <u>Note:</u> In addition to the curriculum, the program includes an additional exercise on scaffolds and components of scaffolds and additional Q & A discussions on elevated work and safe ladder work practices, three points of contact, scaffolds as temporary platforms, definitions of qualified and competent persons, fall arrest on scaffolds, factors that lead to falls, and orthostatic intolerance. | (c)(1)-(3) Provide equipment for job specific requirements |
| Ladders 1910.25 | | |
| 1910.26 | | |
| 1910.27 | | |

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| <p>General Safety & Emergency Procedures</p> <p>1910.38</p> <p>Accident Prevention Signs And Tags</p> <p>1910.145</p> <p>Materials Handling and Storage Subpart N</p> <p>1910.176</p> | <p>The program follows the OSHA Standard 1910.38 is designed to provide an understanding of a variety of topics that are critical to keeping the worker safe.</p> <p>Some of the topics trained on in this section include: Plant Security Issues Designated Smoking Areas Horseplay Housekeeping Vehicles on Sites Qualified Persons Forklift Safety Work Permit Systems Signs, signals, barricades and tags Safe lifting Ergonomics Bloodborne Pathogens (BBP)</p> <p><u>Note:</u> In addition to the curriculum, the program includes additional exercises on what may be carried on the jobsite, classes of fire and Emergency Action Plans and additional Q & A discussions on weapons on the jobsite, qualified workers, qualified person, permits, reporting pain and accidents, elements of a fire, how to prevent fires, and what employees should know in an emergency.</p> | <p>Training in any site specific details of the jobsite</p> |

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| <p>Job Safety Analysis (JSA) /</p> <p>Job Hazard Analysis (JHA)</p> | <p>The program is designed to provide an understanding of the requirements and benefits of Job Safety Analysis (JSA) and Job Hazard Analysis (JHA).</p> <p><u>Note:</u> In addition to the curriculum, the program includes an additional exercise on sections of a JSA and additional Q & A discussions on eliminating hazards, zero accidents and elements to consider when conducting a JSA.</p> | <p>Training in any site specific details of the jobsite</p> |
| <p>Excavation, Trenching and Shoring</p> <p>1926.650, 1926.651 & 1926.652</p> | <p>The program follows the OSHA Standard 1926.650, 1926.651 and 1926.652 and is designed to provide an understanding of Excavation, Trenching and Shoring.</p> <p>The dangers of cave-ins, detailed requirements for protective systems and the hazards of water accumulation are discussed in this program.</p> <p><u>Note:</u> In addition to the curriculum, the program includes an additional exercise on proper ladder placement and additional Q & A discussions on exaction hazards and emergency information.</p> | <p>Training in any site specific details of the jobsite</p> |

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| <p>Emergency Action Plans</p> <p>General Safety & Emergency Procedures</p> <p>1910.38</p> <p>1910.145</p> | <p>The program is designed to provide an understanding of Emergency Action Plans and how to properly follow them. Where to go in an emergency and determining the correct direction to evacuate are discussed during this program.</p> <p>(a)(5)(i)and(ii) Verifies the need for training Verifies the need for an Emergency Action Plan (a)(2)(i) Verifies the need for an escape procedure (a)(2)(iii) Verifies the need to account for employees “head count” (a)(2)(v) The need to report emergencies</p> <p><u>Note:</u> In addition to the curriculum, the program includes an additional exercise on what to do in an emergency situation and additional Q & A discussions on what you should know in the case of an emergency.</p> | <p>(a)(5) Provide training for employees specific to the alarms, Emergency Action Plan, escape routes, and accountability at the specific job site.</p> |
| <p>Fire Prevention</p> <p>1910.39</p> | <p>The program follows the OSHA Standard 1910.39 and is designed to provide an understanding of Fire Prevention and meet the general awareness regulations for training in this standard. Fire extinguishers and how to use them are discussed in detail in this program. Determining types of fires and when to fight a fire are also included.</p> <p><u>Note:</u> In addition to the curriculum, the program includes an additional exercise on the different classes of fires and Q & A discussions on elements needed for a fire to start and burn, prevention of fires.</p> | <p>Training in any site specific details of the jobsite</p> |